



Week Seven; The Caboose and closure

November 7, 2013, 10:30-11 a.m.

Preschoolers dealing with closure and saying good-bye

Preschoolers love routines

- They are clues to what happens next
- They help with transitions from one activity to another
- They give them a sense of control over the environment
- They provide a sense of order and reassurance
- Routines help preschoolers plan ahead and act independently
- Routines when separating and at bedtime are especially comforting

How to help your preschooler cope

- Break the challenge into small steps; play with a flashlight in the dark for brief periods, make funny faces or silly stories about noises, let them play with a handheld mask, observe a sleeping dog.

Sequence stories and books inviting play

Armstrong, Jennifer. *The American story : 100 true tales from American history.* **J973 ARM**

Doughty, Rebecca. *Oh no! Time to go! : a book of goodbyes.*

P DOUGHTY

LaRochelle, David. *The end.* **P LAROCHELLE (Powerwall-Puzzles)**

Magee, Doug. *All aboard ABC.* **P MAGEE**

Peet, Bill. *The caboose who got loose.* **CDZS CABOOSE H 92**

Rhymes and Songs

Open them, shut them, give a little clap!
 Open them, shut them, lay them in your lap.
 Creep them, creep them, creep them,
 right up to your chin.
 Open up your little mouth,
 but don't let them in!
(repeat 1st two lines)

Little Red Caboose

Chorus:

Little Red Caboose, chug, chug, chug, *(repeat)*
 Little Red Caboose, behind the big, black train

Smokestack on his back, back, back
 Coming down the track, track, track
 Little Red Caboose behind the train, Whoo-hoo

Hanging on the end, end, end
 Coming round the bend, bend, bend
 Little Red Caboose behind the train, Whoo-hoo

Bridge:

When you hear the whistle, You feel just like a king.
 When you hear the bell ring, It makes you want to sing ...

Goodbye Song *Tune: Goodnight Ladies*
(Repeat until all children's names have been sung.)

Goodbye Ava,
 Goodbye Riley,
 Goodbye Penny,
 It's time to say goodbye.

Goodbye Poem

On my face I have a nose,
 And way down here I have ten toes.
 I have two eyes that I can blink.
 I have a head to help me think.
 I have a chin and very near,
 I have two ears to help me hear.
 I have a mouth with which to speak,
 An when I run I use my feet.
 I have two arms to hold up high,
 And here's a hand to wave GOODBYE!

Goodbye Song

Clap your hands
 Spin around
 Jump up high
 Ok!
 Clap your hands
 Sit down
 Stand up
 1,2,3,4

Goodbye, goodbye, see you again
 Goodbye, goodbye, see you my friends
 Goodbye, goodbye, I had fun today
 I had fun today

Stomp your feet
 Shake your body
 Stand still
 Ok!
 Stomp your feet
 Turn left
 Turn right
 1,2,3,4

Goodbye, goodbye, see you again
 Goodbye, goodbye, see you my friends
 Goodbye, goodbye, I had fun today
 I had fun today, I had fun today
 I had fun today
 Goodbye!
<http://www.dreamenglish.com/goodbye>

Closing

My hands say "thank you" with a clap, clap, clap
 My toes say "thank you" with a tap, tap, tap
 Clap, clap, clap, tap, tap, tap
 Rrrrrroll your hands and wave "good-bye"!

Take-home Tips

- **At breakfast (or morning goodbyes) talk about or choose a bedtime story for that evening**
- **Let a stuffed animal, doll or puppet say goodbye first**
- **Talk about plans for the day or the next transition**
- **Use transition rituals that match the child's learning styles; goodbye songs, a special wave, a hug.**

Storytimes start January 23; sign up starting 1/13!

